FAMILY **NEWS**



AUTUMN 2024



Dear Parents and Carers,

We've had a busy and exciting time at Shoreham Nursery recently! Our school leavers were celebrated with a joyful graduation party, marking the end of their journey with us and the beginning of their new adventures ahead. The festivities didn't stop there - our Olympic-themed Sports Day was a huge hit. The children enthusiastically participated in various athletic events, showing off their skills.

With the warmer weather upon us, the children have also been making the most of outdoor water play, which has been a refreshing and fun activity. We kindly remind parents to ensure that children are dressed in weather-appropriate clothing and footwear, and don't forget to pack spare clothing in case of splashes and spills. Let's keep the fun going while staying prepared!

We are excited to announce that Rocky, Tracey the Operation Director's friendly Dachshund puppy, will be making regular visits to our nursery! Rocky's visits are not only a delightful treat for the children but also offer numerous developmental benefits. Interacting with Rocky helps foster empathy and compassion as the children learn to care for and respect animals. His presence encourages social interaction and communication as children eagerly talk about their new furry friend. Additionally, Rocky's visits can help reduce stress and promote relaxation, contributing to a positive and enjoyable learning environment. We look forward to seeing the joy and excitement Rocky brings to our nursery community!

Dates for your diary

Holidays and Closures:

• 25th December until 1st January - Nursery closed for Christmas

Other:

- Photo Day 18th & 19th September
- Open Day 21st September
- Afternoon tea with parents -23rd September
- Spooky Week 28th October
- Diwali 1st November
- Bonfire Night 5th November
- Parents Evening 12th November
- Christmas Open Day 7th December
- Christmas Party 16th December

Don't forget to follow our Social Media:

<u>/thenurseryfamily</u>

FAMILYNEWS



The Baby Snug

In The Baby Snug, our little ones have been exploring a range of engaging activities this term. They've shown a keen interest in role-play, delighting in pretending to make their own food, which has sparked their imagination and social skills.

Our Baby Boogie sessions have been a hit. The babies enjoy the rhythm and movement as they dance and groove to their favourite nursery rhymes. Meanwhile, Baby Picasso has inspired creativity, with the babies experimenting with different colours and textures to create their own unique paintings.

Additionally, physical development has been supported through climbing and moving in various ways, helping the babies build their strength and coordination. It's been a term filled with exploration, creativity, and movement!

Continue at home...

Engaging in Baby Boogie at home can be an excellent way to support your baby's development while having fun together. This playful activity involves dancing and moving to music, which helps improve your baby's coordination, balance, and rhythm. As they bop along to the tunes, they also develop their gross motor skills and strengthen their muscles. Additionally, Baby Boogie encourages bonding and communication as you interact with your little one through movement and song. The rhythm and music stimulates their auditory senses, enhancing their ability to recognise different sounds and patterns. Incorporating Baby Boogie into your daily routine not only provides a joyful and energetic way to spend time together but also contributes positively to your baby's overall physical and emotional growth.

The Toddler Den

This term, The Toddler Den has been full of fun and exploration! The children have been diving into a variety of sensory activities, which have sparked their curiosity and creativity. Water play has been a big hit, with the toddlers enjoying splashing around and discovering the wonders of water. They've also spent plenty of time at the playdough station, where they've become quite skilled at making their own playdough creations. These hands-on experiences have not only been loads of fun but have also helped the toddlers develop their fine motor skills and imagination. It's been a fantastic term of learning and play in The Toddler Den!

Our toddlers have been having a fantastic time with their painting activities! Through experimenting with colours and brush techniques, they've learned about colour mixing, texture, and creativity. This handson experience not only enhances their fine motor skills but also encourages selfexpression and imagination. Watching them explore different patterns and shapes has been a joy, and it's amazing to see how their artistic abilities and confidence are blossoming with each stroke.

Extending from last terms beach school learning, the children have been looking at the different creatures that can be found when crabbing and rock pooling, as well as continuing to develop their knowledge on water and weather safety.

Continue at home...

The children's learning can be incorporated at home by going on your own adventures to the beach and sharing what they have learnt with there families.

The Pre-School Study

This term, our Pre-School Study have been deeply engaged in a variety of stimulating activities that support their growth and development. They've been exploring environmental sounds in the garden, discovering the rich tapestry of noises that nature provides, which has enhanced their listening skills. Science activities and sports games in the garden have also been highlights, promoting both their curiosity and physical development. Additionally, the children have been developing their creativity at the playdough station, where they've been honing their skills and incorporating fresh herbs from the garden. They've started growing their own herbs and independently pick them each morning to add to their playdough creations, blending their love for nature with their artistic endeavours.

The weekly visits from our football coach have further supported their physical skills.

Their keen interest in various occupations has led us to arrange visits from professionals such as dentists and police officers to share their experiences. If you're interested in talking about your job with the children, please contact Terri to arrange a visit.

Continue at home...

Extending children's learning at home with science experiments can be both fun and educational. An example is a baking powder and vinegar volcano. Combine baking powder and vinegar to create a fizzy eruption. This simple experiment, teaches children all about chemical reactions! Don't forget to share your home learning with us through EYLog.

Recipe of the Month TURKEY MEATBALLS

INGREDIENTS:

- Olive oil
- 600g turkey mince
- 1 egg, beaten
- Handful porridge oats
- 2 garlic cloves, crushed
- 350g tomato passata
- 1 bunch fresh basil, roughly chopped 2 red peppers, diced
- 2 medium onions, diced
- 2 large carrots, diced
- 350g wholemeal spaghetti
- For the side salad:
- Mixed salad leaves
- 4 large tomatoes, diced
- ¹/₂ cucumber, sliced

INSTRUCTIONS

- 1. Heat a splash of olive oil in a large non-stick frying pan with a lid, then tip in the onion, peppers, carrots, garlic and stir well.
- 2. Cover the pan and cook over a medium heat for 8 mins, stirring every now and then.
- 3. Pour in the passata, and cover. Leave to simmer for 20 mins.
- 4. Tip the mince into a bowl with the porridge oats and egg, and mix well until combined.
- 5. Shape the turkey mixture into walnut sized meatballs.
- 6. Heat a non-stick pan with a little olive oil, and gently fry the meatballs on all sides until completely cooked.
- 7. Give the sauce a stir, and add the meatballs and basil, then simmer lightly for 10 minutes, or until the vegetables in the sauce are tender.
- 8. Add the spaghetti to a pan of boiling water, and simmer for 10 minutes until cooked.
- 9. Serve meatballs and sauce with the spaghetti and side salad.

Recent Training

Terri has completed her Mental Health First Aid training.

Tash and Millie have completed Incredible Infants training.

Kerrie and Ally have completed their First Aid.

All of Shoreham team have completed their Safeguarding refresher course.

Colleague Spotlight

We want to take a moment to express our appreciation for Millie, whose dedication and hard work in The Baby Snug Room has truly made a difference.

Millie's creativity shines through in the fantastic music wall she recently crafted, which has quickly become a favourite among the little ones. Her thoughtful approach and daily efforts ensure that The Baby Snug is a warm, welcoming, and engaging environment. The bonds Millie has formed with both the children and their parents are a testament to her caring nature and commitment. We are incredibly grateful for everything she does to make Shoreham Nursery a special place.



